



Christy Kimber &lt;christy@hudsonwyoming.org&gt;

## Leadership Fremont County 5K Fundraiser

3 messages

**Marcy Holford** <marcyeholford@gmail.com>  
To: christy@hudsonwyoming.org

Thu, Feb 8, 2018 at 1:44 PM

Good Afternoon Christy,

It was a pleasure to speak with you this morning, I am very excited to actively plan this event in Hudson. Here is the synopsis of the proposal our Leadership Fremont County group is working on ~~for our~~ community service project. The objective of this event is to increase suicide awareness and provide forum to educate participants on available community resources. The monies received from the 5K registration costs will be provided to the Suicide Prevention Task Force to support their mission.

We are planning a 5K educational-type run for April 21, 2018 (i.e. embedding education into to the race - example includes 'obstacles' requiring participants to read/review information and answer questions). We want to host the event in Hudson to accommodate all communities (race start/finish and carnival to be in the Memorial Park). Additionally, there is discussion to begin the race morning with a motivational speaker (i.e. suicide survivor or impacted family/friend) prior to commencement of the 5K race- speaker at 9:30am and race to begin at 10:00am.

At the completion of the race, the vision was to have a 'suicide awareness carnival' that would include vendors (here is the working list of possible vendors):

- Fremont Counseling
- Wyoming Counseling
- Sage West Healthcare
- Community Health Center
- Lander Medical Clinic/Western Family Care
- White Buffalo Recovery
- Volunteers of America
- Wind River Casino
- Public Health Nursing
- Teton Therapy
- Prevention Management Organization
- Injury Prevention Resources
- Alliance Domestic Violence
- Northern Arapahoe Suicide Prevention

We would like to have 1-2 community food-trucks available for lunch as well as utilization of local businesses, Kai Espresso and English Muffin Bakery. We would like to invite a local band to provide music (the singer has been impacted by suicide) during the event. There is discussion of attempting to obtain a bouncy-house for a children's corner at the site of the carnival. Furthermore, Elk Sage with Northern Arapahoe Suicide Prevention, was introduced as a possibility- he has equestrian program (maybe corral in parking lot near Post Office).

I appreciate your enthusiasm regarding this event, I know there are many logistics to work out (we are planning potential 5K route that would provide safety for the participants as well as accommodate local residents of Hudson). We are open and would love to receive feedback on all of our proposed ideas, we want to plan a longstanding event that can benefit our communities.

Here are some question that our group has as we continue with our planning efforts:

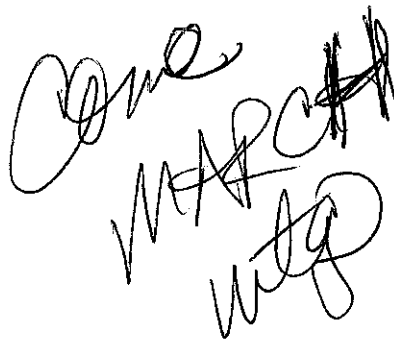
349-3695 - yes will come

- 1) Is there availability of electricity at the Memorial Park that could be utilized for the band and PA system?
- 2) How can we best provide pedestrian safety during the event (crossing highway)?
- 3) Are there any public restrooms we could utilize during the event? Are utilization of port-a-potties a feasible option?
- 4) Are there any permits or regulatory matters we need to consider?

Thank you again for your time, I appreciate your willingness to discuss with Mayor Mike Anderson and Town Council. Please feel free to contact me via email ([marcyeholford@gmail.com](mailto:marcyeholford@gmail.com)) or telephone (#307-349-3695) with any questions and/or concerns. I look forward to hearing from you after the Council meeting.

Sincerely,

Marcy E. Holford  
Leadership Fremont County Participant 2017-2018





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**Christy Kimber** <[christy@hudsonwyoming.org](mailto:christy@hudsonwyoming.org)>  
To: Mike Andereson <[mikeanderson@wyoming.com](mailto:mikeanderson@wyoming.com)>

Thu, Feb 8, 2018 at 2:10 PM

Hi Mike - This looks like another great consideration for the town.

Christy Kimber,  
Town of Hudson Clerk/Treasurer  
333 Main Street  
P.O. Box 56  
Hudson, WY 82515  
(307)332-3605  
Town of Hudson Website  
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**Mike Andereson** <[mikeanderson@wyoming.com](mailto:mikeanderson@wyoming.com)>  
To: Christy Kimber <[christy@hudsonwyoming.org](mailto:christy@hudsonwyoming.org)>

Fri, Feb 9, 2018 at 6:12 AM

I talked to somebody late last year about this. We will provide what we can

**From:** Christy Kimber [<mailto:christy@hudsonwyoming.org>]  
**Sent:** Thursday, February 8, 2018 2:11 PM  
**To:** Mike Andereson <[mikeanderson@wyoming.com](mailto:mikeanderson@wyoming.com)>  
**Subject:** Fwd: Leadership Fremont County 5K Fundraiser

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